1/12/2016

# ACTIVE AND RESERVE SAILORS AND MARINES

Go the following Web address:
    https://nmcpeh-web2.med.navy.mil/pls/newhra/hra

Navy personnel will log on to the Fleet and Marine Corps HRA through any computer with Internet access by entering their Unit Identification Code (UIC), generally a 5-digit numeric designator.

Marines will log on to the Fleet and Marine Corps HRA by entering their Unit Identification Code (UIC), preceded by an "M".

Administrators are to provide their personnel with the appropriate logon/user ID.

For example, a Marine assigned to the MP Support Company, HQ Group, 1 MEF would enter M20151 to log on.

The Fleet and Marine Corps HRA is intended to be an educational tool for you, and serve as a means by which you can discuss your concerns with a healthcare provider during your periodic health assessment (PHA). Please answer honestly. You will not enter any personally identifying information such as name or SSAN on this questionnaire. Any information you discuss with a healthcare provider is considered privileged information.

You can review your results online. Each question response provides you with personalized feedback and a web link that provides in-depth information on that topic. While you are online, the links open in separate windows for your viewing; when you close these windows, you will be taken back to your report.

Print a copy of your HRA Participant Report before exiting by clicking on the printer icon—"Print Participant's Report." You will need this report for your annual Periodic Health Assessment. If you exit the report without printing it, the report cannot be brought back.